

# NurtureGroup

## Free Play & Support Group

*NurtureGroups* are facilitated by our *NurtureProgram* Team who themselves have had a premature or sick newborn. Babies and children from birth to starting school that have been challenged by prematurity or sickness can learn and develop through play in a fun and relaxed environment. Siblings are welcome.

Parents and carers can meet, share stories, exchange ideas on parenting, tackle medical issues and rebuild support networks and form lasting friendships.

### NSW - Penrith 2024

Wednesday Fortnightly, 10.00am - 12.00pm  
Jordan Springs Community Hub  
2/6 Cullen Ave  
Jordan Springs



Please register online  
before attending  
*NurtureGroup*

February 7, 21  
March 6, 20  
April 3  
May 1, 15, 29

June 12, 26  
July 24  
August 7, 21  
September 4, 18

October 16, 30  
November 13, 27  
December 11

*NurtureGroup* has a strict wellness policy for all attendees.

